



Terms and Conditions

Appointments and Fees

- Full ADHD assessment: £1,200
- Medication titration packages: £750 – for clients diagnosed by myself
 £1,100 – for clients diagnosed elsewhere
- Follow-up appointments: £175

Invoices must be paid prior to appointments.

Cancellations - Cancellations with less than 48 hours' notice may incur a fee.

Refunds - Refunds are not available once clinical preparation has begun, except in exceptional circumstances at the clinician's discretion.

Medication and Shared Care

- Patients are advised to check whether their GP will accept shared care
- If shared care is not in place, prescriptions may be issued privately
- Additional administrative fees may apply

Physical Health Monitoring

Patients are required to provide:

- Blood pressure
- Heart rate
- Weight

This is essential for safe prescribing. Prescriptions may be delayed or withheld if this information is not provided.

Annual Reviews

Annual reviews are required for ongoing prescribing. Failure to attend may result in prescribing being paused or stopped.

Communication

Emails are usually responded to within 1–2 working days.

Clinical Boundaries

- Online sessions must take place in a safe, private environment
- This service is not intended for emergency or crisis support. If you are in crisis, contact:
 - Your GP
 - NHS 111
 - Local crisis services

Professional Standards

- Fully insured through MDDUS
- GMC registered
- CQC inspected (rated Good, April 2024)

Complaints

Please see the Complaints & Feedback page on website for full details.

Last updated April 2026

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Specialist ADHD assessment and care, grounded in clinical expertise with an integrative, coaching-informed approach

Registered with the General Medical Council (GMC No, 6025297)

Member of the Royal College of Psychiatrists.

Care Quality Commission (CQC) registered — Rated Good

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